

# KNOWING AND EXPERIENCING LIFE

## Session Three

### **Three Lives and Four Laws and the Law of Life and the Light of Life**

Scripture Reading: Gen. 2:7; Rom. 5:12, 19; John 3:15; Rom. 8:3; 7:15-16, 22, 24; 8:2, 4, 6, 13; Rom. 8:2; Heb. 8:10; 10:16; Jer. 31:33; Ezek. 36:23-28; Rom. 8:29; Phil. 2:8; John 1:4; 8:12; Psa. 36:9; 119:105, 130; 2 Cor. 4:6; 3:16

### **Outline**

#### **I. Three lives and four laws:**

- A. Man has three parts—body, soul and spirit; in a regenerated man each of these three parts has a corresponding life:
  - 1. When God created Adam He breathed into his nostrils the breath of life; thus Adam obtained the created life of man; the life in man's soul is the created human life—Gen. 2:7.
  - 2. Adam ate of the fruit of the tree of the knowledge of good and evil and Satan's life entered into man, causing him to become corrupted; thus, besides the created life, man also obtained the fallen life of Satan.
  - 3. Now, we who have believed into the Lord have received the divine eternal life into our spirit—John 3:15.
- B. Each of the three lives within us who are saved has a law; therefore within us are also three laws which belong to the three lives; besides these, there is the law of God outside of us; so, within and without, there are four laws:
  - 1. The first law is the law of God written on stone tables and was given by God to men through Moses during Old Testament times; hence it is outside of us—Rom. 7:22, 25.
  - 2. The law of good in our mind, derived from our created human life of good contains the good human nature and exactly fits the nature of the law of God outside of us; this law creates in our mind the desire to do good—v. 23.
  - 3. The law of sin in the members is from the fallen and evil life of Satan—vv. 23, 25.
  - 4. When we received the Lord and were saved, the Spirit of God together with the life of God entered into our spirit and mingled with our spirit to become the Spirit of life; in this life of the Spirit of life, there is contained a law which is the law of the Spirit of life—8:2.
- C. We need a clear understanding of our experience of the three lives and the four laws—Rom. 8:6, 13.

#### **II. The law of life and the light of life:**

- A. The law of life—Rom. 8:2; Heb. 8:10:
  - 1. The law of the Spirit of life is just the Triune God working, operating, moving, and anointing within us; He is the law—Rom. 8:2; cf. Heb. 8:10, 10:16, Jer. 31:33, Ezek. 36:25-28.
  - 2. The law of life regulates us from within; its main function is to free us from the law of sin and death and to conform us to the image of Christ, so we may express all that God is in our daily living—Rom. 8:2, 29.

3. The law of life will work out in us all that God wants to accomplish; through the function of the law of life, we all shall become the mature sons of God, and God will have His universal, corporate expression.
- B. The light of life—John 8:12:
1. The whole Bible reveals that life comes from the shining of light; when light enters, life follows; where light is, there life is—John 1:4.
  2. From the Bible we see that light rests with the Word of God; if we want to obtain light, we must obtain the Word of God; whenever we obtain the Word of God, we obtain light—Psa. 119;105, 130.
  3. When we talk about light, we are not talking about the light outside of us, but we are speaking of God as light shining inside of us; this light actually is the sense of life—2 Cor. 4:6.
  4. The way to be enlightened is: first, we must want the shining, second, we should be open to the Lord and turn to Him, and third, we should not argue with the light—2 Cor. 3:16.

**FOCUS:** *The burden of this lesson is to help the young people to see that the real experience of life is effortless. The lesson is the real gospel to the young people. In the old creation it is hopeless, but in the realm of life it is effortless.*

**READING MATERIALS:**

*The Knowledge of Life*, chapters 9- 10, 14

*Basic Principles of the Experience of Life*, chapters 5-6

*Further Talks on the Knowledge of Life*, chapters 13-17

**Questions**

1. What are the three lives within a regenerated man (a Christian)?
2. In Romans 7 and 8, four laws are mentioned, find the verses for each law.
3. What is the law that contains the highest life with the highest power, that causes us to live a victorious Christian life?
4. Give an experience of how the law of the Spirit of life operates in you.
5. Try to find two verses in the Bible that talk about the parts of man.
6. Can you give a short definition of the law of life?
7. Please explain the functions of the law of life.
8. What is the function of light?
9. Can you find additional verses that talk about life and light?
10. How can we experience life by the light? Can you give a personal experience?

**Memory Verses**

- Rom. 7:22-23** For I delight in the law of God according to the inner man, But I see a different law in my members, warring against the law of my mind and making me a captive to the law of sin which is in my members.
- Rom. 8:2** For the law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death.
- Heb. 8:10** For this is the covenant which I will covenant with the house of Israel after those days, says the Lord: I will impart My laws into their mind, and on their hearts I will inscribe them; and I will be God to them, and they will be a people to Me.
- Rom. 8:29** Because those whom He foreknew, He also predestinated to be conformed to the image of His Son, that He might be the Firstborn among many brothers.
- John 1:4** In Him was life, and the life was the light of men.

**Notes**

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